

STAFF ILLUSTRATION BY CORINNE HENDERSON

## 400,000 U.S. radio operators hamming it up over the airwaves

By DAVE BEERY  
Staff Writer

Gather around, code breakers. Here's the Sunday quiz.

What is taking place when a ham darts to the shack to pursue some serious DXing, then gets into the net for some casual ragchewing?

If your answer is that one of the prize hogs has escaped to the garage, where he swills motor oil, then breaks through some mosquito netting to munch on a chamomile skin, you're wrong on all counts.

In the scene described, an amateur radio operator, better known as a ham, has gone to an equipment room to talk with hams in foreign countries, then to meet with several other amateurs on one frequency for more leisurely chatting.

In the United States alone, 400,000 amateur radio operators are immersed in a hobby little understood outside the fraternity.

To the uninitiated, hams seem to border on fanaticism. Most are prepared to talk for hours about what amateur radio is and is not.

For starters, ham radio is not citizens band. One way to invite a knuckle sandwich is to stroll by a ham radio operator, glance at the equipment and say, "Oh, I see you're a CBER."

Ham operators don't necessarily dislike CB or port down their noses at CBERs. But amateurs operate under more strict regulations than CBERs and have at their command a much broader range of communication, literally worldwide.

Hams must earn Federal Communications Commission licenses by passing tests in radio theory and Morse code. The greater a ham's proficiency, the more advanced license he or she earns and the more air privileges he or she is afforded.

On the air, hams must identify themselves by FCC-assigned call letters and abide by FCC regulations. Hams who stray risk a fine or even loss of license.

Hams can — depending on personal preferences — communicate by voice, Morse code or teletype printer. Those with proper equipment can communicate via video transmissions, known as fast and slow-scan television.

Hams talk across the continent, relay messages and enter contests.

But for most hams, the hobby is predicated on the idea that amateurs can and will provide an emergency communication network when other communication systems are knocked out or fail for any reason.

Nowhere is that idea more apparent than during "field days," in which hams erect antennas and portable generators to operate a station under simulated emergency conditions for 24 hours.

How much money a ham spends is strictly a personal decision, amateurs say.

Rich Taylor, manager of Kryder Electronics, says that early hams built their equipment from scratch, but he noted that a modern boom in electronics, especially from the Japanese, enables a ham to buy all the necessary equipment.

Most amateurs say a novice can set up a station for about \$250. They also say well-heeled hams have been known to spend millions of dollars on elaborate antenna systems.

More than 500 hams are active in Allen County. Many are members of the two largest clubs, the Fort Wayne Radio Club and the Allen County Amateur Radio Technical Society. The following six hams are representative of various aspects of the hobby.

**All in the family**  
Michelle Allen is somewhat of a celebrity among Allen County amateurs. At 14, she's younger than most hams. As a female, she's a minority in a hobby populated mostly by males.

Her initial interest in ham was not exactly coincidental. Her father, Jim Allen Sr., became a ham enthusiast six years ago. Although his three children were quite young, he knew that soon Michelle and her two brothers would graduate from high school and scatter to college, military service or jobs.

He didn't want to lose touch with the kids when they flew from the nest. So, right away, he saw the advantage of ham radio. If the kids became hams,

he'd have a lifelong communication link.

Allen's plan worked. Michelle and older brother James Jr. are ham enthusiasts and spend much of the summer in their basement radio room.

Michelle earned her first license at age 12 and since has earned the fourth of five possible licenses. Her favorite contacts are around the tri-state area. She also enjoys foreign contacts and says they give history and geography lessons that aren't available in textbooks.

"You can read about Australia in school one day and go home and work some guy in Australia. Then the next day you can go back and contradict the teacher," Michelle said, laughing.

**Around the world**  
On duty, Dino Rapis travels by rail, his hand on the throttle of a Conrail locomotive. Off duty, Rapis travels by air, his hand on the dials that pilot his worldwide ham radio conversations.

Rapis is an avid DXer, a ham who contacts as many countries as possible. Demonstrating DX for a visitor, Rapis needed only 15 minutes to contact and converse with Mike and Pete in Ireland and Eric in Norway. He learned that Mike lives within five miles of the Atlantic Ocean; Pete is tired of Ireland's "miserable" spring weather; and Eric is looking forward to basking in the Midnight Sun.

"I'm not a very rich man," Rapis said. "But I can travel around the world with only the cost of the electricity it takes to run the equipment."

Rapis counts among his most unusual contacts a conversation with the Japanese ambassador to Iran during the hostage crisis and a call to a station-on-still at Kingman Reef, a tiny coral island in the South Pacific that vanishes during high tide.

The Greek-born Rapis stays fluent in his native tongue by talking regularly with Greek hams.

Of 318 countries with active hams, 250 have talked with Rapis. His goal is to confirm conversations with at least 308 countries, an achievement that will put him on an elite DX Honor Roll.

To confirm conversations, hams mail QSL cards — personalized postcards bearing the ham's name, address, call number and a personal touch that shows something about the ham or his city.

A self-proclaimed good-will ambassador for the United States, Rapis often learns what foreign hams think about his country.

**'Traffic' decoder explains dit, dah**  
Q: General call in amateur radio; it means "I am calling anyone."

Dah: The long sound in Morse code.  
Dit: The short sound in Morse code.  
DX: foreign countries.

DXer: An amateur who avidly tries to contact stations in new or rare countries.

88: "Loves and kisses," an expression of endearment among OMs and YLs.

Ham: An amateur radio operator.  
Net (Network): An on-the-air meeting of amateurs, often for the purpose of relaying messages.

OM (Old Man): husband, any male ham.  
Q-signals: Three-letter symbols beginning with Q that are used by amateurs to save time and for better comprehension.

QSL cards: Postcards sent to other amateur radio stations to confirm two-way contacts.

Ragchew: To chat on the air.  
Rig: An amateur receiver, transmitter or transceiver.

Shack: The room or building where an amateur radio is located.

Ticket: An amateur radio license.  
Traffic: Messages broadcast by hams.  
Work: To contact a station.

YL (Young Lady): wife, any female ham.

## Parents' fears of rape tie daughters close to home

Ellen Goodman



**'Last week, a woman was raped in the neighborhood. Last week, there was hardly a neighborhood in which a woman was not raped. That is the painful truth that divides the lives of growing boys and girls.'**

cepted the fears by acknowledging that it was worth the returns of self-confidence, experience, independence.

But if the young man had been a young woman, the balance of payments for this adventure could have been quite different: the real risks greater, the anxiety greater.

In Simone de Beauvoir's book, "The Prime of Life," she describes a year during her life when she took leaps, deliberate physical challenges. Among other things, the writer hitchhiked regularly and alone.

As a woman, the mother understands De Beauvoir's deliberate rebellion, her need to act as if she were completely free. De Beauvoir forced herself to unlearn fear, to learn independence.

But as a mother, she thinks such behavior is foolhardy. As a mother she teaches her daughter the lessons that she may someday have to unlearn. She watches older parents teach these same lessons. She sees older girls not allowed to walk home from movies alone, older girls who learn that they need a man to be safe from men.

It is 11 o'clock now and the 13-year-old boys have to be home. Today, only an hour separates their freedoms. But that gap will grow.

The mother will do what she can. She will, at some point, buy lessons in self-defense. She will encourage older, safer, kinds of growth and risk. She will struggle against her maternal anxiety.

And she will also rage. Rage in sorrow against the violence that forces parents, of all people, to become the agents of their daughters' suppression.

© Washington Post Writers Group

BOSTON — The girls are inside. It is 10 o'clock and dark. They are 13. The mother is not being unreasonable when she tells them that visiting hours are over. She doesn't want them on the street late at night. They know that.

Instead, their friends will walk over here for ice cream, cookies and conversation. That's different. The friends are boys, and boys are allowed out on the street late at night.

The mother, scooping ice cream out of the container for all of them, thinks to herself: It has begun — the slow separation between what boys can do and girls cannot.

Not long ago, the freedom of all four was curtailed by the joint fact of their childhood. They were equally small, young, weak, protected. Now they are growing out of the vulnerability of their youth. But the girls acquire a new vulnerability: their sex.

She has known these boys most of their lives. Their independence, mobility, physical freedom is growing exponentially. The freedom of the girls is growing, too, but carefully, within certain fences and fears, pre-arranged routes and routines.

Are the parents of daughters over-protective? the mother asks herself. Do we stunt their growth with our caution? What else can we do in the face of the reality of their greater risk?

There is one statistic that slams down like an iron door against their freedom of movement. The fact of assault.

Last week, a woman was raped in the neighborhood. Last week, there was hardly a neighborhood in which a woman was not raped. That is the painful truth that divides the lives of growing boys and girls.

If parents are congenitally concerned with safety for all their children, we still worry differently about daughters. We don't want to, but we have to.

Years ago, during a wave of crimes against women in Israel, a council of men asked Golda Meir to put a night-time curfew on females. Meir said no. If men were the problem, she answered, let the council enforce a curfew on men.

Now, a mother who had cheered Meir puts a curfew on her daughter. Like generations of parents before her, she chooses safety over growth for her child, protection over risk. It's what parents usually do, and she is, for better and worse, no exception.

The son of a friend has just returned from California. At 20, he traveled back and forth by himself. His father worried, but he also ac-

"There's a lot of concern about the United States right now," Rapis said. "I talk with the Japanese a lot. They're very concerned about what's happening in this country, about the violent crime and high unemployment. They're hoping we pull out of this."

**In the classroom**

Every ham needs a ticket to get on the air, and many Allen County hams can thank Bill Kindred for helping them earn that ticket.

The "ticket" is an FCC license, and Kindred teaches the classes that many prospective hams take to bone up for the FCC exams.

Kindred, a metallurgist at International Harvester and a ham for 14 years, teaches the radio theory and Morse code that hams need to know for novice licenses. The other licenses are technician, general class, advanced and amateur extra.

International regulations require an operator to transmit five words per minute to earn a novice license.

"Desire is the big thing in learning the code," Kindred said. "It's not easy, but it can be fun. Code is what's kept a lot of people out of amateur radio, and that's probably good. It sort of separates the men from the boys."

Kindred and other hams believe most persons willing to study hard enough to learn the code and theory will refrain from unprofessional behavior on the air.

Sill, Kindred laments that the amateur airwaves aren't as clean as they once were.

"We have more profanity slipping in all the time," Kindred said. "I don't use it, and I don't like to hear it, but there's not much you can do. If they allow that language on the Johnny Carson show, they can't do anything about it on radio."

**Emergencies**  
When strong winds raked Indiana Monday evening, ham radio operator Joe Knight jumped into the cab of a 1955 GMC-built Army vehicle and drove to Churubusco, where the storm hit hardest.

Upon arrival, Knight, two Allen County sheriff's deputies and another ham handled communication over seven radios and one telephone from the enclosed back of the truck.

The trip was sort of a shakedown cruise for the vehicle, named Radio 1 by its owner, the Allen County Sheriff's Department. Area hams volunteered 4,000 hours to convert the tandem-axle truck into a rolling nerve center for emergency communications, Knight said.

The truck's work area consists of a counter on which volunteers have installed a ham unit, 23-channel CB, fire-frequency radio, three radios for various police frequencies and a UHF unit capable of trading teletyped messages with law enforcement officials.

The truck also features a telephone, emergency batteries and a propane-powered generator.

"This is valued at \$50,000 with all the equipment, and it cost taxpayers \$900, mostly in materials," Knight said. "We were fortunate to find radios that were scheduled for replacement in patrol cars."

No one knows Radio 1 better than Knight, who has been designated Allen County Emergency Coordinator by the American Radio Relay League.

"It's got a few bugs to work out," Knight said of Radio 1, "but it's working out real well."

**Competitive hams**  
LaMar Ray likes to use auto racing as an analogue to ham radio contests, comparing a race driver's skill and total concentration to that of a contest ham.

If that comparison is fair, then one might reasonably call Ray the A.J. Foyt of Indiana hams, very competitive and very successful.

Ray competes most often in two types of contest. One is the 48-hour worldwide, in which a ham or team of hams tries to contact as many hams in as many countries as possible. Scoring, simplified, is determined by multiplying the number of contacts by the number of stations.

The other type is a 24 or 30-hour domestic competition, limited to one country or continent.

See HAMS, Page 5D.

## People

**Mother Teresa of India, right, receiving Marquette University's highest honor, pleaded Saturday for an end to abortion, calling it the "greatest poverty a nation can experience."** The tiny, 70-year-old missionary, told thousands she accepted the Pere Marquette medal for the "unwanted and unloved — for all her brothers and sisters who have been forgotten." But especially, she said, "for the little unborn child."

She received the medal from Marquette President John Raynor, who said, "The love of Christ — it radiates throughout the world."

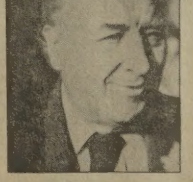
The university also presented her with \$150,000. She will also dedicate a new mission in Miami Monday for prostitutes and "bag ladies."

The facility will house 20 women at a time and will be her fourth mission in the United States.



**A new unauthorized biography of Henry Ford II, left, is a "ragab of untruths" and offensive, but no libel suit is planned against author Victor Lasky, a Ford Motor Co. official says.** "I don't recognize myself or my life in this book," Ford said in a statement released through company vice president Walter Hayes.

While the book, entitled, "Never Complains, Never Explains," is "obviously" libelous, Hayes said, Ford has no intention of suing. The book characterizes Ford as a vulgar, heavy-drinking, anti-intellectual, "supernaturalist playboy" who is intolerant of those who oppose him and cruel to his wives, the Detroit Free Press reported.



**Russell Hayden, right, veteran cowboy actor, is known for his role in the Hopalong Cassidy motion picture series, has died of viral pneumonia.**

Country music singer Loretta Lynn, whose life was made into the movie "Coal Miner's Daughter," says people are wrong to assume her recent illness was drug-related. "Every time I get sick, people figure it must be pills, because I had that problem once," Lynn told a reporter in Nashville, Tenn. Lynn, whose autobiography inspired the movie, was hospitalized in April for ulcers.

She said her doctor, without her knowledge, ran a test on her for drugs to prove she did not have a drug problem. "He said people kept calling him and driving him crazy, so he just ran it so he could tell them something," she said.





# Exchanging hostilities during a civil ceremony

It took a whole day to change all the names in the following story. Read it slowly and deliberately:

Last weekend, Mel Ribowitz and his second wife, Cookie, married nearly 20 years now and still living happily ever after in Flushing, N.Y., attended the wedding of Mel's daughter-by-his-first-marriage, Shirley Ribowitz, to Carl Drager, of Los Angeles.

Mel also has a son, Neal, by the same previous marriage. Until Shirley's wedding, both Neal and Shirley lived in Los Angeles with their mother, Sheryl, Sheryl Kaplan, nee Dorfmeister, who recently obtained a divorce from her second husband, Gene Dorfmeister, although that doesn't matter to the story. Sheryl and Dorfmeister, her second ex-husband, reared two of their own sons in Los Angeles: George and Drake Dorfmeister, who do matter to the story, but not yet.

Mel's current wife, Cookie, also has a daughter by a previous marriage, Randi, who lives with Mel and Cookie, along with Mel and Cookie's daughter by their own marriage: Marjorie.

Now, the people who flew to LA for Shirley's wedding were: Mel, who is Shirley's father; Cookie, who is Shirley's mother; Mel's parents from Flushing, who never got divorced; and Rose and Bob Kaplan, the parents of Mel's first wife, Sheryl, the mother of the bride. Sheryl's parents are also from Flushing, and they don't talk to Mel or Cookie because they hate Mel.

Cookie said there were about 175 people at the wedding. The orchestra leader and the photographer did not know of the marital entanglements, and nobody explained those facts to them. Thus, the photographer kept asking people to pose with other people with whom they had little or nothing in common.

Cookie, for instance, had to pose with her husband, Mel, and they all posed with Mel's older daughter by his marriage to Sheryl, Shirley, the bride; Mel's son by that same marriage, Neal, Shirley's groom, Carl Drager, and Mel's first wife's two sons by her subsequent marriage to Gene Dorfmeister, George and Drake Dorfmeister, who had never met Mel before in their lives, let alone Cookie, their mother's ex-husband's second wife.

"What a wonderful family portrait," exclaimed the photographer.



Ed Lowe

"Why did you pose us with those two young men?" Cookie asked. "The Dorfmeister boys?"

"Aren't they your sons?"

"No. They're my husband's ex-wife's sons by a later marriage."

"Oh," the photographer reasoned. "Well... listen... Would you sit for a photo with the people at this table over here?"

"Why?" Cookie asked.

"Isn't that woman your mother?"

"No. That's my husband's ex-wife's mother. She hates me more than my husband's ex-wife hates me."

"Do me a favor, lady," the photographer said. "Follow me wherever I go. I need you."

Meanwhile, the orchestra leader began the introductions for the first dance. "Presenting for the first time," he intoned, "Mr. and Mrs. Carl and Shirley Drager!" Then he sang, "And now, let's have the bride's parents, Sheryl and Mel!"

Mel shot a plaintive glance at Cookie. "What do I do now?" he pleaded.

Cookie rested her forehead in her hands.

Mel stumbled onto the dance floor to meet Shirley, the woman he had not spoken to in 20 years, except in bitter anger. If he danced with her, Cookie would kill him.

As he crossed the floor, he tapped his daughter, the bride, on her shoulder, hoping he could cut in, forcing her groom, Carl, to break away and dance with his new mother-in-law, Sheryl. But Shirley and Carl ignored Mel and danced alone.

Finally, Mel stood face-to-loathing-face with his first wife. She shrugged and said, "I guess we have to dance." Mel stared at her, glancing furtively over to his wife of 20 years.

"I guess we don't," he said, and walked away.

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NEW YORK TIMES ILLUSTRATION

# Women beginning to talk finance with finesse

By NADINE BROZAN

© New York Times News Service  
NEW YORK — The language of finance is still new to many women, and they are just beginning to speak it with some fluency.

In the past, women may have been responsible for paying household bills, but that was often as far as their financial acumen was stretched, either by family design or their own desire. Certainly many were not given to chatting with friends about Treasury notes, bonds and money market funds, as many husbands and fathers were.

Now more women are reading financial publications and enrolling in courses on personal money management. As more of them enter the labor market and ascend the career ladder, they seem to be assuming responsibility for major financial decisions — for themselves if they are single, for their families if they are married. But just how many women have progressed from tending the household budget to establishing savings and investment plans remains debatable. Some women who are experts in investments, stocks and insurance contend women are taking informed control of their income; others say they are still baffled by finance and defer to the advice of men.

Janet Boswell, a chartered underwriter and representative for the Equitable Life Assurance Society of the United States, who started selling life insurance seven years ago, argues that women have made impressive strides.

"They no longer tell me that they must consult their fathers or husbands before deciding what kind of policy to purchase," she said. "They simply make a decision on their own. They are coming to realize that they have the same need to protect themselves financially as men, and in fact, they

are better than men at long-range planning."

Boswell offered several illustrations of her contention. For example, she said, "Women rarely terminate insurance policies when other demands come up, as young men do. They will borrow money for premiums, if necessary."

"They also understand the need for disability income protection and they are more apt to know that their benefits are. Even if they're in their 20s, they do not laugh at the mention of retirement."

Women "are more security-minded than men," Boswell said. "Unless they are purchasing insurance to benefit husbands and children," she said, "women are mainly concerned with a plan that will give them the greatest amount of cash for a retirement income."

Judith S. Abrams, a vice president and manager of the First Women's Bank here, agreed. "Women really do want to handle their own finances," she said, "and if there's one factor that keeps them from doing so, it's that they are so involved with their own careers they don't take the time for financial planning. But I find them knowledgeable and comfortable; they just need confidence to ask questions."

Sally Sterman, a certified public accountant who established her own firm five years ago, said many women "may be highly educated and in good positions, so rather than appear stupid, they don't ask questions."

But in her view, that is far from their only shortcoming. "Basically, no matter how skilled they are in careers, be it in manufacturing, carpentry, or even women have real difficulty in handling finances," she said.

Sterman, the training coordinator for the American Women's Economic Development

Corporation, which runs programs for women who want to enter the corporate world or to operate their own businesses, theorized. "They have a problem taking responsibility in an area in which they are not trained, an area many, including those earning money themselves, still consider the domain of men. Associated with this is a fear of real responsibility."

But Sterman said that she sees some change. "I would say that although 80 percent of women still think in the old mode — that someone will take care of them, make decisions for them and everything will turn out all right — 20 percent are now seriously developing their knowledge, attending courses, seeking guidance," she said.

Certainly, the experts agreed, many women still lack confidence in their own abilities to understand complexities and make sound judgments. As Toni Grossi, a vice president and broker at D. H. Blair & Co., an investment banking concern, said, "Women just don't get up in the morning and say, 'Today I should check my investments and my insurance,' the way men do because they've been programmed to do so."

Grossi, who counsels individual and corporate clients on a broad range of investment, tax and retirement matters, said that two years ago, 4 percent of her clients were women, and today 17 percent are. "My most sophisticated, successful clients are women, but they are few in number," she said.

Carol O'Rourke, a former account executive with Merrill Lynch, Pierce, Fenner & Smith Inc., also said she had seen a change, not only in her clientele but in the students who have taken courses she has taught in recent years.

"There is a tremendous desire for knowledge," she said.

# Best-selling diets jeopardize health of weight-obsessed Americans

By JANE E. BRODY

© New York Times News Service  
NEW YORK — Last week, another in a seemingly endless stream of fad diets hit the best seller list. If as many Americans as bought these miracle-promising books actually lost a significant amount of weight and kept it off, the market for future fads would soon disappear.

In fact, however, the main reason there are so many best-selling fad diets is that none of them work in the long run for the vast majority of people who try them. The obesity specialist Dr. Theodore van Itallie of St. Luke's Medical Center says about 90 percent of dieters fail to keep off their lost pounds.

Millions may try a popular diet, even stick to it faithfully for a few weeks or months, and then come right back. But sooner or later they tire of following someone else's formula, go off the diet, return to their old eating habits and regain the weight.

Actually it is a good thing so few can stay on a fad diet, because they all distort normal nutritional requirements and can result in serious nutritional imbalances if pursued indefinitely. In fact, the Scarsdale diet cautions adherents to follow it for only two weeks at a time.

The latest entry in the fad diet roster, "The Beverly Hills Diet," by the self-styled Hollywood "nutrition guru" Judy Mazel, is perhaps the most nutritionally outrageous of the lot, according to nutrition experts consulted by The New York Times.

Dr. Myron Winick, director of the Institute of Human Nutrition at Columbia University, points out that it helps the dieter to lose weight through diarrhea. It also promotes the breakdown of the body's own protein tissue, including muscles and organs. It can jeopardize the body's balance of vitamins and minerals. It does nothing to teach good eating habits that meet the body's need for the 44 nutrients known to be essential to life.

In its maintenance phase, the diet encourages consumption of large amounts of potentially harmful foods, such as those high in fats, cholesterol and sugar. And it feeds compulsive eating disorders instead of trying to conquer them.

For the first 10 days on the Mazel diet, you eat nothing but fruit: pineapples, bananas, papayas, mangoes, watermelons, dried apricots, blueberries, strawberries, apples, pears, raisins and grapes, all in a certain order and nothing but the designated fruits. Though some substitutions are permitted (for example, strawberries on Day 4 or apples on Day 7 if you can't get watermelons), it's clearly not an easy-to-obtain diet most of the year for anyone besides residents of the tropics, California and Florida.

Fruit portions are generous. "Five pounds of grapes on a grape day is not excessive," the author contends.

Not excessive from what perspective? True, Win-

ick notes, the calorie count is probably less than what you usually consume, since five pounds of seedless grapes (if you can possibly eat that many in a day) add up to 1,350 calories. But nearly all those calories come from sugar: only 10 are from protein and 11 from fats.

The body has no storage organ for protein and when you fail to consume enough to meet your body's immediate daily needs, the protein in body tissues is broken down to fill in.

According to Dr. Richard Rivlin, director of nutrition at the Memorial Sloan-Kettering Cancer Center here, the "dispensable proteins" in hair and skin are the first. Then the muscles and organs start to go. After 10 to 20 days of a diet so severely deficient in protein, you're likely to lose a significant amount of desirable lean tissue.

And what about the flatulence, abdominal cramps and diarrhea that are likely to follow the consumption of 10 days of only fruit? The fruit diet is very high in fiber (roughage), which acts as a natural laxative and provides a banquet for gas-producing intestinal bacteria. Winick warns that diarrhea results in a loss of water, vitamins, minerals and the electrolytes needed to keep your blood and other body fluids in vital balance.

On Day 11 of the Beverly Hills diet, you're finally allowed bread (half a pound for breakfast, providing about 20 grams of protein and 600 calories), butter (two tablespoons for the day at 200 calories) and three cobs of corn (210 calories); on day 12 you get pineapples and a vegetable salad, and day 13 offers apples and baked potatoes (nine grams of protein to the pound). Not until the 19th day of this scheme do you get to eat a food (steak or lobster) that is a good source of complete protein.

The premises of the Mazel diet are likewise unscientifically based. When your body doesn't process food, doesn't digest it, that food turns into fat," the author contends. Even artificial sweeteners, preservatives and diet sodas — all of which contain no usable nutrients or calories — become fat, she insists.

Why does an unbalanced diet like this one and its dozens of precedents (Scarsdale, Stillman, Atkins, liquid protein and the like) capture the imaginations and hard-earned dollars of so many millions of weight-obsessed Americans?

One reason is the promise of a painless solution to a persistent problem with a rather pedestrian cause — overconsumption or underactivity or both. Another reason is that these diets seem to work in the short run.

In most cases, the weight loss in the first weeks of the diet represents mostly lost water, not fat. But the dieter sees the pounds falling off and proudly proclaims the diet's virtues to friends. Rarely do you hear from anyone when the weight lost on a fad diet is regained, and most people are too polite to ask when failure is obvious.

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## Personality escapes aging process

BALTIMORE (UPI) — Age may change people's hair color and widen waistlines, but it will not change personalities, the National Institute on Aging reported.

Two researchers who studied the personalities of men in Baltimore and Boston said last week an individual's basic personality remains the same as he grows older.

"Neither aging itself, nor the events associated with age, such as the 'empty nest' or retirement, seems to bring regular personality changes either for better or worse," said Dr. Paul Costa, Jr., a psychologist with NIA's Gerontology Research Center. He added, "In fact, when there are marked changes in the personality of older men and women, it may be a sign of brain disease. Personality changes should not be dismissed as a normal part of aging."

Costa and Dr. Robert McCrae drew their findings from studies of 200 men in Baltimore and 400 in Boston.

The Baltimore men had been given personality tests at intervals of six and 12 years, while the Boston men were tested at 10-year intervals.

Comparing the scores of each individual over time, researchers said they found an "extraordinary degree of stability, almost as high as the agreement we would expect if the tests had been given a few weeks apart, instead of 10 years."

Costa said even a man who goes through a "mid-life crisis" usually maintains his core personality.

"We found we could predict the occurrence of a 'mid-life crisis' from the degree of neuroticism or emotional instability of the person earlier in life," Costa said.

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# Two new movies fun-filled

By ROBERT HERTZBERG  
Staff Writer

Mel Brooks is fast becoming a national treasure. He is the only American filmmaker left who believes that laughter for its own sake is valuable. His movies never make you rub your chin and go "hmmmm." They never make you smile weakly. They keep banging at you until you cry, "OK! OK! I'll laugh!"

A case in point is his most recent film, "History of the World, Part I," which opened at Glenbrook and Quimby theaters Friday. "History of the World, Part I," is not Brooks' most consistent film, but it might be his most outrageous. It has a scene to rival the campfire scene in "Blazing Saddles," a nymphomaniac (Madeline Kahn) as obsessed with male proportions as the "it's true" character in "Blazing Saddles" and plays on words so suggestive to repeat here. Brooks fans will love every scatological minute.

The movie is divided into four parts, starting with the Dawn of Man and continuing with the Roman Empire, the Spanish Inquisition and the French Revolution. (There's a fifth part, actually, but I won't tell you what it is. Just remember that when you see the words "the end," it isn't.)

The Roman sequence, thank Romanus, is played broadly for laughs. Comicus (Brooks), a stand-up philosopher, and Swifus (Ron Carey), his agent, get invited to Caesar's Palace, a show. ("Groovus! Swifus exclaims.) At first, Comicus' routine has Emperor Nero (Dom DeLuise) in stitches. Nero laments the one about how you make a Venetian blind ("poke him in the eye") and Comicus' assertion that "We Romans have a god for everything... but we do not have a god for premature ejaculation." Nero laments, however, when Comicus lampoons obesity. Feeling personally insulted, Nero pits Comicus in a fight to the death against Josephus (Gregory Hines), a black slave who considers every Roman a "Honk."

Some people are going to find "History of the World, Part I" offensive, but not because it's bloody—it's not. It's just very irreverent, particularly about sex and religion. When Comicus mentions Trojans in this film, you can bet it isn't the people of Troy he has in mind. You shouldn't be surprised to see him waiting tables at The Last Supper, either.

Of course, Brooks isn't always so funny as he is with these two pages. He sometimes seems to be lunging for laughs, as in the Spanish Inquisition sequence, where he plays a song-and-dance Inquisitor, Torquemada ("you can't Torquemada it").

## A review

The funniest sketch is the last one, about the French Revolution. As the masses grow more hungry, more unhappy and more dangerous, King Louis XVI (Brooks) grows more contemptuous of them and more lascivious personally. He kisses women's cleavage, participates in a gang bang and dispenses personal favors only in return for sexual ones. How can he stoop so low? Where does he get his morals? "It's nice to be king," he replies simply, strutting around his garden in a white powdered wig.

"History of the World, Part I" is not the most kindly movie you're going to see all year, but it may be the funniest. What a delicious clown Mel Brooks is!

□□□

Steven Spielberg's identity as a director becomes clearer with every film. First in "Jaws," then in "Close Encounters of the Third Kind," he pursued a style that had everything to do with entertainment and almost nothing to do with plausibility. His most recent film, "Raiders of the Lost Ark," continues in that spirit. It's a tongue-in-cheek adventure story that 8- to 15-year-olds will love.

An archaeologist named Indiana Jones heads for Cairo, in search of a Biblical relic—a relic also coveted by Adolf Hitler and the Nazis. The Nazis, as usual, have their "ways," but then so does Indiana—in fact, there's nothing he can't do. Confine him in a well with snakes, and he'll get out using gasoline and a torch. Pit him against a Nazi pugilist twice his size, and he'll wait until help arrives—in the form of plane propellers.

Spielberg and his producer, George ("Star Wars") Lucas, have a sense of humor, and they use it to very good effect in "Raiders of the Lost Ark." They recognize that, with his resourcefulness, Indiana is a Lone Ranger figure, and they give him a Lone Ranger sequence, with him riding a horse alongside a fast-moving car. Harrison Ford, who plays Indiana, gives it all the humor he can, and he also is up to the physical demands of the role. Karen Allen is competent as the tough, pretty woman who shares his adventures and Paul Freeman is suitably cunning as a rival.

If you're in no mood for implausible plots, special effects, or disintegrating bodies, "Raiders of the Lost Ark" is not the movie to see. Otherwise, you'll probably find it a pleasure.

## Cathy Steckbeck a winner

Winners of Cappy Dick Mystery Grab Bags are: Cathy Steckbeck, 8, 102 W. Sherwood Terrace; Scott Williams, 10, 5814 Stellhorn Road; Kip Crutcher, 8, Columbia City; Tony Brown, 9, Curran; Joyce Galusha, 10, Huntington; David Van Hoy, 6, Kendallville; Randy Fraley, 9, Payne, Ohio; Greg LeMaster, 9, Portland; Michele Yentes, 11, Urbana; and Cassie Meier, 7, Warren. All winners will receive their prizes by mail.

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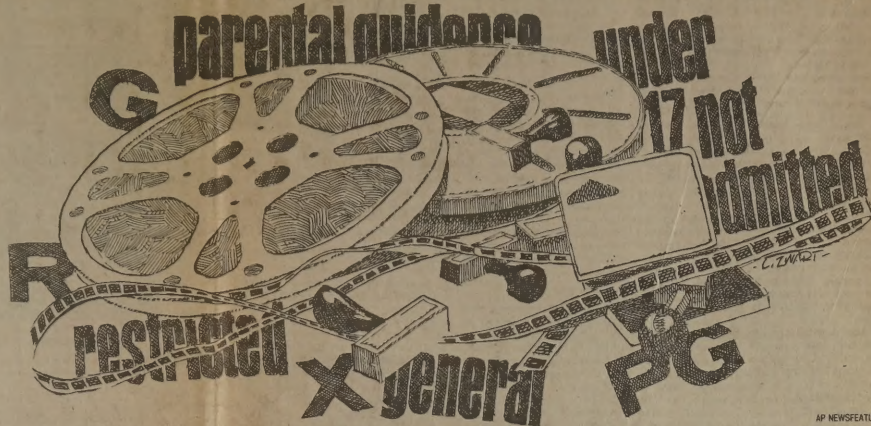
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# Ratings, like popcorn, a part of American films

Editor's note: In the old days of "sin-ema," rigid rules protected movie viewer morality. No unmarried couples in bed together, for example. Surely no language worse than Rhett Butler's. Nowadays the rules have been replaced by a rating system, primarily a guide for parents.

By BOB THOMAS  
The Associated Press

HOLLYWOOD — Richard D. Heffner answered an early-morning telephone call in his office at the Motion Picture Association of America. A New York City woman was asking whether she should take her 13-year-old son to a new movie, "Knightriders."

"I'm sorry, but we don't say whether the R rating is for sex, violence, nudity, language or another reason," he explained patiently. "We are conducting an experiment in Kansas and western Missouri now, telling our reasons for the ratings to see if that is helpful. But we don't do it anywhere else—mainly over fear that any additional value judgments in the rating process could create new targets for criticism."

Heffner doesn't generally give information to concerned parents over the telephone. A chairman of the Classification and Rating Administration, he operates on a bigger scale, supervising the award of G, PG, R or X to the nation's film entertainment.

Instead of inquiring phone calls, Heffner is more accustomed to protests from producers, scorn from reviewers and condemnation from religionists. He receives all with equanimity, realizing such reaction goes with the territory.

After 13 years, movie ratings have become as much a part of the American scene as baseball box scores and cigarette health warnings. Jack Valenti, president of the MPAA and the man who ramrodded ratings on producers and exhibitors, likes to cite opinion surveys of the system's acceptance.

He quotes an Opinion Research Corp. poll of 2,500 persons nationwide in 1979: 65 percent of parents with children under 18 years old found the ratings very or fairly useful, an increase of five percentage points over the previous year. Only 26 percent found the ratings not very useful.

During a visit from his Washington headquarters, Valenti recalled the situation in 1966 when he switched from White House aide to movie czar (a term he has tried to abolish).

"That was a watershed period. It was a time of anti-Vietnam demonstrations, when radicals were trying to revise the country, particularly in lan-

guage. I was straining to change the boundaries of film content that had been inflexibly set by my predecessors."

Under Will Hays and Eric Johnston, the MPAA had enforced a rigid code designed to make all American movies suitable for the entire family. Specifically banned were all swear words including "damn" and "hell," nudity, narcotics, homosexuality, etc. All "wrongdoing" had to be punished.

"When I took over, a number of pictures were challenging the Production Code, notably, 'Who's Afraid of Virginia Woolf?' " Valenti recalls. "In my first confrontation with moguls, I met with J.L. Warner and his assistant, Ben Kalmenson. They worked on me, with Kalmenson playing the bad guy and Warner saying what a good man I was."

They ended up changing a few words. Next came "Blow-Up," which MGM was releasing with a nude scene involving David Hemmings and a pair of teenyboppers. MGM evaded the anti-nudity rule by releasing the film through a subsidiary.

In a 1968 Dallas case, the U.S. Supreme Court upheld the power of the states and cities to limit exposure to children of films and books deemed unsuitable for them. Says Valenti: "I realized that unless the industry acted, we would be drowned in 150 censorship boards."

On Nov. 1, 1968, the four-part classification system was inaugurated. It was a hard sell to filmmakers, theater owners and parents alike, but Valenti believes the system has succeeded.

"We never pretended to be surrogate parents," he says. "The ratings alone do the parents themselves to make the decision as to what their children should or should not see."

Heffner has been running CARA since 1974, after careers as a university teacher, network executive and conductor of the intellectual talk show "The Open Mind." His base is in New York, but he is a regular commuter to Hollywood, where the ratings board functions.

"The only automatic R is given if only one of the harsher sexually-oriented words is used," says Heffner. "That is not the rating board's decision; that is imposed by the rating policy review committee, composed of NATO (theater owners), MPAA (producers) and IFIDA (film importers)."



# Cable television presents new worry for ratings board

By NORM GOLDSTEIN  
The Associated Press  
NEW YORK — "Skip" Landen, whose father, a Baptist minister, warned of the "sins of the silver screen," didn't see his first movie until he was in his teens.

In one recent year, he sat through 387 of them — many of them teen and again, many of them X-rated.

"It was 'hog heaven,'" says Landen, more formally known as Prof. Gustavo E. Landen, who took a year's sabbatical as chairman of the Department of Cinema and Photography at Ithaca (N.Y.) College to serve on the movie industry's ratings board.

"It was something beneficial. It gave me a sense of contributing to the industry in an important way," he says more seriously. "I enjoyed it. Seven people, parents, thinking of themselves as representative parents, can intelligently discuss these things. It works."

The board, established by the Motion Picture Association of America (MPAA) in 1968, determines the "alphabet soup" of film categories for the guidance of parents: G (general); PG (parental guidance); R (restricted); and X (forget it, kids).

The idea of the board, officially the Classification and Ratings Administration (CARA), was to provide strictly voluntary guidance to parents and head off any officially legislated censorship.

The ratings system also allowed producers to show anything they wanted, within their own standards of taste. "Anything goes" became the movie theme for a while, but that's leveled off, says Landen, a bespectacled, 57-year-old father of two sons, who "abhors" any form of censorship.

Indeed, his year's tenure with the board indicated a "slight shift to G-rated movies," a trend he says may become more prominent.

His censorship worry now, however, is cable television. He explains: "Look at the parallel of our censorship history. Look at the old Production Code Administration," an industry group which set out specific "Don'ts" for what could be seen and heard on the screen.

"Look at the films that came out and actually caused the demise of that. You couldn't talk about dope at all and along comes Otto Preminger's 'Man With the Golden Arm.' Then you had 'Blow-Up,' the first time we had any kind of nudity on screen..."

"Now, I'm concerned with all this cable that's coming into your home. 'In cable, there's no restraint whatsoever in the home. Have you seen any public access cable? I saw one... it was like an obscene phone call. There's some pretty bad stuff."

"What I'm proposing is three Cs — Cable Children Classification. Strictly voluntary, like the movie ratings. The logistics would be horrendous, but I still think it needs to be done."

"Otherwise, the states will come up with boards of censorship and we have a lot of potential problems, a real backlash."

Cable classification would work much like the movie system, says Landen, who freely discusses that ratings procedure now that he's back teaching at Ithaca.

Qualifications for the movie ratings board? "One, you have to like movies. And you have to be a parent."

Criteria for ratings? "The only thing you're really told is we have a language rule. Certain profanity gets an automatic R. Then there, is the subject matter G or PG. Then, you say, treatment of the theme could push it into a more severe rating. Nudity. Violence. Language. And they have a nice little column called 'other' — sex. Nudity can be nudity without sex. So the two are separate."

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## Colbert to star in 'Murder'

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NEW YORK — Claudette Colbert will star in "A Talent for Murder," a mystery by Jerome Chodorov and Norman Panama, which will arrive on Broadway in September. Unless you pay attention to "big business" and philanthropy, you have probably not heard of the producer, Edwin S. Lowe.

Tony Giordano will direct, Oliver Smith will design the sets. Bill Blass will create Colbert's costumes. Colbert will play a wealthy, distinguished mystery writer living in a big old house in the Berkshires near Tanglewood. Her family visits her one weekend, and what happens on the weekend is what the mystery is all about.

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<b>LAST 5 DAYS</b> "TAKE THIS JOB AND SHOVE IT" (PG) 1:30-3:30-5:30-7:30-9:30	<b>MATINEES DAILY</b> "CLASH OF THE TITANS" (PG) 1:30-3:45-7:30-9:40
<b>QUIMBY VILLAGE I-II</b> 1608 Kirkwood Rd. 7:30-9:30	<b>SOUTH 27 CINEMA</b> 1101 S. 27th St. 447-4032
<b>MEL BROOK'S</b> "HISTORY OF THE WORLD PART I" (R) 1:30-3:30-5:30-7:30-9:30	<b>"CHECH &amp; CHONG'S NICE DREAMS" (R)</b> 1:30-3:30-5:30-7:30-9:30
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MARGARET KIDDER • JACK O'NEILL • VALENTINE PELICOR • SUSANNAH YORK • CLYDE JAMES • and E.G. MARSHALL in the President • MARC MACULIE  
and TERENCE STAMP • "MAGNIFY" • "RESCUING" • "COPPERHEAD"

Production Design: **JOHN DABNEY** Music Composed and Conducted by **JOHN THOMPSON** from Original Material Composed by **JOHN WILLIAMS** Costume Designer: **TOM MANKIEWICZ** Story by **MARIO PILOZ** Screenplay by **MARIO PILOZ**  
DAVID NEWMAN and LESLIE NEWMAN Executive Producer **LYZA SALKIND** Produced by **PIERRE SPENGLER** Directed by **RICHARD LESTER** by **ALEXANDER** and **LYZA SALKIND** Production  
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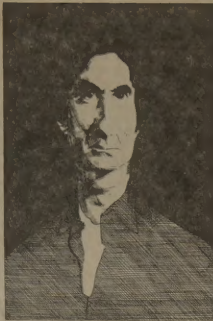
# Philip Roth's 'Zuckerman' finds success

"Zuckerman Unbound" by Philip Roth; Farrar, Straus & Giroux; 225 pages, \$10.95.

By ANATOLE BROYARD  
"Zuckerman Unbound" is about a young Jewish novelist rather like Philip Roth who has just published a wildly successful book called "Portnoy's Complaint." It's a fine idea: it gives Philip Roth an opportunity to play with celebrity, writers and readers, truth and fiction.

Nathan Zuckerman finds that literature makes strange bedfellows. Like his book, he has become everybody's property. He has written a novel about such familiar subjects as sex and families and now that familiarity breeds contempt of a sort. Zuckerman finds it impossible to dissociate himself from his fictions. He is accused of doing what he only imagined. Now, when he walks down the street, everyone he meets is a literary critic. He is the voyeur.

When we meet Zuckerman, he is suffering from the sense of anti-climax that comes with success. There are no perfect readers: every serious novel is misread in varying degrees. Or perhaps it is only after you have



Philip Roth

published a best seller and read all the reviews that you realize you did not do exactly what you intended. Also, "Portnoy's Complaint" was an ironic book about irony that those closer to you usually take literally.

On the basis of their dual celebrity,

a famous actress grants Zuckerman a night in her bed. The next day she stands him up in order to fly to Cuba to see her real lover, Fidel Castro. Zuckerman discovers that literature is not as potent as politics. Except for the actress and Zuckerman's mother, all the other women — his three former wives — are offstage voices. His mother is a little too good to be true; she keeps using the word *daring* seriously, as if Zuckerman, or Roth, would like to quote her on the dust jacket of the novel.

Alvin Pepler, the only other major character in "Zuckerman Unbound," has a photographic memory, which may be Roth's comment on reality unmediated by art. Alvin was the bona fide hero of a TV quiz show until the producers forced him to give way to a prototypical WASP who had to be fed the answers. Roth seems to be saying that authenticity is not always dramatic.

Pepler pursues Zuckerman, first fawning on him and then accusing him of stealing his life for his book. This is the jealousy/ordinariness/feelings-for-fame. Though he is an ingenious symbol, Pepler is too monolithic, too quickly comprehended, and that is a weakness in the book. Except for Pepler, Zuckerman contends only with himself much of the time, and

while Roth manages this with wit and grace, it is generally true that we are most appealingly ourselves when we are with someone else.

Roth's voice is convincing and emotionally charged. It is just a bit too easily recognizable, though, like a trademark. It seems to be pitched just a little too high up in the sinuses, too ready with ironic incredulity. Roth is old enough now to be past some of these astonishments. It may be time for him to start talking from the diaphragm.

At the end of the book, Zuckerman's father dies and we can see that Philip Roth can still conjure with families. His father's last word to Zuckerman is indistinct: it sounds like "bastard," but that would be too literary, he thinks. Can he be saying "faster," or "vaster," or "better?" Now that their pacifying father is dead, Zuckerman observes to his brother, "We can all be as cruel as we like." But "Zuckerman Unbound" is not cruel — or even cruelly witty. It is almost as if the author of "Portnoy's Complaint" feels that he owes us a debt of inhibition. The new book is reasonably funny, reasonably sad, reasonably interesting, and, occasionally, just plain reasonable.

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## Family photos in the eye's mind

"Family Photographs: Content, Meaning and Effect" by Julia Hirsch; Oxford University Press; 139 pages, illustrated, \$14.95.

By ANATOLE BROYARD  
Most of us have picturesque parents because we know them partly through photographs. When they are dead, or no longer in the same house with us, we look at their photographs and find that they have changed as we have changed. They have lost or acquired dimensions as we have lost or acquired love or compassion.

We look at old photographs of our families and are struck by the irony of our apparent happiness. How innocent we once were, and how all-encompassing were our parents. It's a salutary exercise to keep, and keep returning to, the family album. It is one of the possible answers to the omnipresent question, "how did I arrive here, where I find myself now?"

In "Family Photographs: Content, Meaning and Effect," Julia Hirsch teaches us to read, semi-otically, the expressions, groupings, activities, gestures and relationships in such photographs. She observes that the formal family photograph is based on Renaissance portraiture filtered through 19th-century sentimentality, which leaned toward the "romantic age" look of generalized longing.

The decorous portrait, she says, records as much hope as reality, as much faith as fact. The family photograph is a democratization of the human image, which only the rich used to be able to afford. Now the poor, too, can feel that posterity will know their faces, just as they know the faces of their ancestors. In this sense, the family photograph is the poor man's coat of arms.

Early family photographs strove for unity, stability, dignity and character. With the candid photograph, we progress, or regress, to impulse, accident, irony, paradox and personality. Pleasure dominates the photograph now as dignity once did. Though candid photography accepts nudity, sadness, awkwardness, or resentment, it rarely reaches hate, envy, ambivalence and the other dark emotions.

Although the author does not go so far as to suggest it, it is possible that some of us see our lives as a series of family photographs, that we are posing for them all the time, seizing "that moment in the present which beckons to immortality," storing it up on film against future anxiety or regret. While one conjectures that there is much more Hirsch might have said on this subject, she is provocative so far as she goes. She has looked the family photograph in the eye and sometimes it has stared back with something like a shock of recognition.

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## On the way

By ALLAN McMAHAN  
Journal-Gazette Correspondent  
Books published this week:

### Fiction

**GIANT KILLER** by Vernon Hyman; R. Marek; \$12.95 — Book editor gets involved in a New York-Washington-CIA thriller when a big advance fee for a political memoir is not returned. Many bodies clutter the scene before the chase ends.

**A BROKEN FAMILY** by Elizabeth Christian; Wm. Morrow; \$10.95 — A painful story of a broken family in which the wife tries to pick up the pieces when her husband walks out on her and their three children.

**CHANGING STATES** by Barbara Rogan; Doubleday; \$11.95 — The heroine of this rather dull novel set in Israel, gets caught up in racial bigotry between Palestinians and Israelis.

**THE REGULATORS** by William Degenhard; F. Watts; \$22.50 — In an admirable plan to resurrect books that were overlooked when they were first published, this reissue of a 1943 historical novel is an unfortunate choice. It is the dull story of Shay's Rebellion, a minor incident in post-Revolutionary days.

**THE THIRD GRAVE** by David Case; Arkham House; \$10.95 — This novel is labeled science fiction but it is really a horror story of the old school. The plot is built around a British Egyptologist who is trying to find the secret of immortality in some ancient scrolls. He finds present-day terror instead.

**THE GLITTER DOME** by Joseph Wambaugh; Wm. Morrow Co.; \$12.95 — Another typical Wambaugh novel of the street scene as practiced by off-duty cops. This one finds two detectives on the search for the murderer of a movie executive who had secret connections with too many unsavory characters.

**AN ACCIDENTAL WOMAN** by Richard Neely; Holt, Rinehart & Winston; \$12.95 — A fast-moving novel in which a copy writer changes into an advertising dynamo when a surgeon makes a slip while operating on her brain. This is a tale of drama, sex and huckstering in the ad world.

**BOGMAIL** by Patrick McGinley; Tichnor & Fields Co.; \$9.95 — The owner of a pub in Donegal decides to kill the nasty little man who is after his daughter. When he does commit the crime, all manner of Irish characters get into the act.

### Non-fiction

**MARTIN BORMANN** by Paul Manning; Lyle Stuart Co.; \$14.95 — Journalist Manning spent years investigating the so-called Bormann empire which Hitler's aide is presumed to have established in Argentina with money stolen from the

Nazi treasury. There is not much valid documentation for this charge.

**FROM THIS DAY FORWARD** by Louise De Grave; Little, Brown & Co.; \$9.95 — The author's witty analysis of wife-motherhood and the joy of "staying married" when no one else recalls the marital problem of money, in-laws, religious differences and personal trauma which can be healed by simple give and take.

**PRIME OF YOUR LIFE** by Joseph Michaels; Facts On File; \$14.95 — An excellent self-help book on the problems and promises of life for the elderly, citing new and expanding opportunities for retirees.

**THE FLOWERING OF IRELAND** by Katharine Scherman; Little, Brown Co.; \$16.95 — Scherman traces 12 centuries of Irish history, culture and reverence for the arts in which poets and scholars ranked just below kings and warriors in a rare display of religious and political unity.

**THE AGE TABOO** by Arlene Derenski; Little, Brown Co.; \$12.95 — In this debatable book, the author presents arguments favoring women choosing much younger husbands by quoting women who claim, "they teach us to play down competition."



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## Best sellers

The listings below are based on computer-processed sales figures from 1,600 bookstores in every region of the United States.

Fiction	This week		Last week		Non-fiction	This week		Last week	
	rank	on list	rank	on list		rank	on list	rank	on list
<b>Noble House</b> by James Hervey (Delacorte, \$19.95) British and Chinese businessmen struggle for control of one of Hong Kong's oldest trading houses.	6	1	1	6	<b>The Lord God Made Them All</b> by James Hervey (St. Martin's Press, \$13.95) More adventures of the Yorkshire vet at home and behind the Iron Curtain.	1	1	1	6
<b>Gorky Park</b> by Martin Cruz Smith. (Random House, \$13.95) A triple murder in Moscow leads to a chase across two continents.	2	2	10	10	<b>Never-Say-Die Book</b> by Richard Simmons (Warner, \$14.95) Regimen for exercise, diet and lifestyle.	2	2	10	10
<b>God Emperor of Dune</b> by Frank Herbert (Putnam, \$12.95) Leto continues as guardian of the human race in the fourth novel about the planet Dune.	3	4	8	8	<b>The Beverly Hills Diet</b> by Judy Mazel (Macmillan, \$9.95) A regimen devised by a Hollywood nutrition guru.	3	3	4	4
<b>Free Fall in Crimson</b> by John D. MacDonald. (Harper & Row, \$10.95) Travis McKee investigates the murder of an ailing tycoon.	4	3	8	8	<b>Cosmos</b> by Carl Sagan. (Random House, \$19.95) This ten billion years of the universe's evolution explained by the NASA medal-winning scientist.	4	4	3	3
<b>The Covenant</b> by Frank McClellan. (Random House, \$17.95) Fifteen-thousand years of South African history.	5	5	34	34	<b>The Eagle's Gift</b> by Carlos Castaneda (Simon & Schuster, \$12.95) Another journey into the land of sorcery, hallucinogenic drugs and Mexican Indian lore.	5	5	8	8
<b>XPD</b> by Len Deighton. (Knopf, \$12.95) The British and Russians race to get proof that Churchill once did business with Hitler.	6	11	5	5	<b>Dr. Atkins' Nutrition Breakthrough</b> by Robert C. Atkins, M.D. (Morrow, \$10.95) How common illnesses can be treated without drugs, with diets supplemented by vitamins and minerals.	6	5	5	5
<b>Maquedade</b> by Kit Williams. (Schocken Books, \$9.95) An illustrated fable about the sun, the moon and a lost treasure.	7	8	22	22	<b>Steven King's Danse Macabre</b> (Everest House, \$13.95) The best-selling horror novelist surveys the traditions of his literary genre.	7	14	4	4
<b>The White Hotel</b> by D.M. Thomas. (Viking, \$12.95) Sigismund Freud treats a young woman whose case epitomizes the neuroses of the 20th century.	8	10	8	8	<b>You Can Negotiate Anything</b> by Herb Cohen. (Lyle Stuart, \$12) Ways to avoid conflict and get what you want.	8	13	19	19
<b>Creation</b> by Gore Vidal. (Random House, \$15.95) A journey through that greatest of all ages, the fifth century B.C., in the company of a man crisscrossed by the gods.	9	7	21	21	<b>The Pitkin Permanent Weight-Loss Manual</b> by Nathan Pitkin. (Grosser & Dunlap, \$10.95) A new diet for health and long life.	9	10	12	12
<b>Reflex</b> by Dick Francis. (Putnam's \$11.95) A British jockey copes with blackmail and discovers his own missing past.	10	8	10	10	<b>Paper Money</b> by Adam Smith. (Summit, \$12.95) An economist throws light on that mysterious thing, money.	10	11	11	11

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# Notebook

## Today

Fifth annual Dundee Days Gas Engine Show and Swap Meet — Continues at Roll, north of Hartford City 1 1/2 miles west of junction of 3 and 18 on State Road 18; 81.

Quilt show — Wells County Historical Society, sponsor, 1-5 p.m., 420 W. Market St., Bluffton; free.

Flea market — Adams County Coin Club, sponsor, 10 a.m.-5 p.m., Decatur Community Center, free.

Annual rose show — Fort Wayne Rose Society, sponsor, 1-5 p.m., Lakeside Park pavilion; free.

Square dancing — Busco Boots 'n' Bonnets, 6:30 p.m., Churubusco School cafeteria. Western Wheels, 6:30 p.m., Trinity Church, Kendallville. Adult Singles Club (TNT), for single adults, 8:30-11 p.m., First Presbyterian Church Youth Center, 300 W. Wayne St.

Oxford Community Association — Meeting, 3 p.m., 1421 Oxford St.

## Monday

Senior Citizen Center — Eat Right, 9 a.m.; nursing service, 9 a.m.-2 p.m.; physical fitness, 10 a.m.; sewing, 10 a.m.; leathercraft, 10 a.m.; woodshop, 1:30-4 p.m.; 233 W. Main St.

West Central Seniors — Euchre, 9:30 a.m.; Bible study, 11:30 a.m.; 1210 Broadway.

Nebraska Neighborhood Association — Crafts, 9:30 a.m. today and Friday, lunch and program, 11:30 a.m. daily; 1716 W. Main St.

RSVP Service Teams — Senior Town, 9 a.m., 3400 E. State Blvd.; Colony Bay, 9 a.m., 6530 Covington Road.

Real McCoy's — Meeting, McCoy Hall, First Baptist Church, 2323 Fairfield Ave.

Senior Dance Club — Meeting, 8 p.m., Fruehauf Union Hall, 2412 Central Drive.

Intensive sensory integration clinic — For children 5 to 12 with perceptual motor and other problems, 9:30-10:30 a.m. today and Thursday, also June 22, 25, Aug. 10, 13, 17 and 20 at Parkway Hospital.



National Organization for Women (NOW) — Meeting and election of officers, 7 p.m., YWCA, 2000 N. Wells St.; 743-4611.

Vacation Bible School — For children 3 through 13, 9-11:30 a.m. Monday through Friday, today through June 24, St. Peter's Lutheran Church, 7810 Maysville Road at East State Boulevard.

American Business Women's Association — Kiskadee Chapter meeting, 6:30 p.m., Marriott Inn, 483-7153.

Indiana Civil Liberties Union — Region IV Chapter annual dinner meeting, 6:30 p.m., Heritage House Smorgasbord; 426-2097. Lawrence Reuben, attorney and member of the Indianapolis Special Commission on the Police Use of Deadly Force, speaker.

Parents Anonymous — Weekly meeting, 6:30 p.m., First Baptist Church, Fairfield and Creighton; 482-9111. Free child care.

Square dancing — Promenaders, 7:30 p.m., Wallen Pines.

FACT (Feingold and Food Allergies Controlled Together) and HEAL (Human Ecology Action League) — Joint meeting on food preservation program, 7:30 p.m., Downtown Library, 900 Webster St.

## Tuesday

Senior Citizen Center — Senior Olympics, 9

a.m.; Attitudes and Awareness, 10 a.m.; sewing, 1:30-3 p.m.; woodshop, 1:30-4 p.m.; dance class, 2 p.m.; Toastmasters, 2:15 p.m.; 233 W. Main St.

RSVP Service Teams — Civic Seniors, 1-4 p.m., Performing Arts Center, 303 E. Main St.; volunteer visitor trip to Byron Health Center, 9 a.m.-2 p.m.; transportation 426-5306.

Nutritional Program — 10 a.m.-3 p.m., Westfield Presbyterian Church; 483-4724 for lunch reservation.

Retired Men's Club — Meeting, 1:30 p.m., 1330 McCulloch St.

Senior Citizen Club — Meeting, 1-4 p.m., Hessen Cassel Library, 3030 E. Paulding Road.

Ministries to Older Persons — Bus trip to Berne, 9 a.m.; \$2 plus lunch; 484-6696 for reservation no later than Monday; leave 1232 Crescent Ave.

Mental health film series — Attitudes and Awareness class, showing of film "Cipher in the Snow," 10 a.m., Senior Citizen Center, 233 W. Main St.

GE Apprentice Alumni Association — Annual dinner, 6:30 p.m., Goegelin's Reserve; \$6 members, \$7 non-members.

Speechcraft program — Fort Wayne Toastmasters Club 159, sponsor; eight-week program, Tuesdays at 6 p.m. for supper and 6:45 p.m. for program, Fort Wayne Chamber of Commerce, 826 Ewing St.; \$12, supper \$4.75; 426-7561 or 447-5840.

Families Facing Cancer — American Cancer Society, sponsor; panel discussion on "Cancer and Its Impact on Family, Friends and Neighbors," 7:30 p.m., First Presbyterian Church, 300 W. Wayne St.; 482-9151.

Fort Wayne Miniaturists — Meeting and workshop, 7:30 p.m., Hessen Cassel Library.

Indiana Cactus and Succulent Society — Meeting, 7 p.m., home of Dan and Eleanor Doehla, 205 W. Wallen Road.

Square dancing — Nite Owls, 7:30 p.m., Wallen Pines.

## Wednesday

Senior Citizen Center — Senior Olympics, 9 a.m.; nursing service, 9 a.m.-2 p.m.; woodshop, 9 a.m.-3 p.m.; band, 10:30 a.m.; crafts, 1:30 p.m.; 233 W. Main St.

West Central Seniors — Nursing service, 9 a.m.-1 p.m.; broomstick croquet, 10:15 a.m.; grocery shopping, 1 p.m.; 1210 Broadway.

Senior Friendship Club — Meeting, 8 p.m., Fruehauf Union Hall, 2412 Central Drive.

Retired Men's Club — Meeting, 10:15 a.m., Plymouth Congregational Church, 501 W. Berry St.

Neighbors of Bethany — Meeting, 1 p.m., Bethany Lutheran Church, 2435 Engle Road.

Parents of Children with Cancer — Meeting, 7:30 p.m., Allen County Cancer Society, 2925 E. State Blvd.

Mental Health Technology program — Indiana-Purdue, Fort Wayne, sponsor; orientation sessions, 10-11:30 a.m., 2-3:30 p.m. or 6-7:30 p.m., room 257, Neff Hall, IPFW campus; 482-5861 between 9 a.m. and noon Tuesdays.

Austrian Alps slide presentation — YWCA, sponsor; preview of Sept. 30 Alpine tour, 1 p.m., YWCA Villa, 2000 N. Wells St.; free; 424-4908.

"Meet the Media" breakfast — YWCA, sponsor; 9:30 a.m.-noon, YWCA Villa, 2000 N. Wells St.; \$2.75 members, \$4 non-members; 424-4908.

## Thursday

Senior Citizen Center — Weaving, 8:30 a.m.; Senior Olympics, 9 a.m.; sewing, 10 a.m.; newspaper fun, 10:30 a.m.; woodshop, 1:30-4 p.m.; aerobics, 2:15 p.m.; entertainment, 5 p.m.; special potluck and Senior Olympics awards, 5:30 p.m.; "Music in the Air" community band performance, 7 p.m.; 233 W. Main St.

West Central Seniors — Mental health film "Journey," 9:30 a.m.; ceramics, 10:15 a.m.; 1210 Broadway.

Senior Neighbors United — Lunch and games, 1 p.m., New Haven Community Center, 2630 New Haven Ave.

RSVP Service Team — Towne House Health

Center, 10 a.m.-2 p.m., 5544 E. State Blvd.

American Business Women's Association — New Haven Canal Chapter meeting, cocktails 6 p.m., dinner 6:30 p.m., Goegelin's Reserve; Sharon Busche, 749-5562.

Fun for kids — Games, fire pump fun and fire safety hints for kids from the Fire Department, 1-4 p.m., Weissner Park.

Newspaper education workshop — Fort Wayne Newspapers Inc. sponsor, 10:30-11:30 a.m., Senior Citizen Center, 233 W. Main St.

Parents Anonymous — Weekly meeting, 7 p.m., Mental Health Center, 909 E. State Blvd.; 482-9111. Free child care.

Allen County Purdue Agricultural Alumni — "Stag steak," 6:30 p.m., John Hilger home, 12903 Washington Center Road. David Downey of Purdue's department of agricultural economics speaker.

Fleet Reserve Association — Branch and Unit 348 installation dinner, 6 p.m., Jim Eby VFW Post, 2202 W. Main St.

East Central Neighborhood Association — Meeting, 7:30 p.m., 1205 E. Lewis St. Herman Ford of Neighborhood Care Inc., speaker, on "Summer Clean-up Program."

Expectant parent classes — St. Joseph's Hospital, sponsor; 7-10 p.m. and three following Thursdays, 700 Broadway; \$10; call hospital training and development department.

Walk for Wellness — St. Joseph's Hospital, sponsor, program and walk through West Central neighborhood, 9 a.m., 700 Broadway; \$2 adults, \$1 children to 17. Register at hospital's department of training and development.

Steam Engine Day — Garrett Historical Society, sponsor, beginning at 10 a.m., museum grounds next to B & O railroad tracks on E. Quincy St., Garrett; free.

Fourteenth Annual Antique and Classic Car Meet — Bluffton Business Men's Association, co-sponsor, parade through town at 2 p.m. (Fort Wayne time) Bluffton Village Park, Bluffton, Ohio.

Long Portage Pow Wow — Miami Nation of Indians of the State of Indiana, sponsor, today and June 21, dance times 2 and 7 p.m. today, opposite Chief Richardson House, Huntington; \$1 donation, free to children under 12.

Garage sale — Northrop Music Parents, sponsor; 9 a.m.-5 p.m., Northrop High School.

Elegant Night at the Fort — Historic Fort Wayne and Old Fort Settlers, sponsors; meet-your-neighbor evening, 7-10 p.m., Old Fort Wayne, Barr Street; \$17.50 per person, \$35 per couple.

Barbecue and rummage sale — East Central Neighborhood Association, sponsor; barbecue at noon, rummage sale at 1 p.m., 1205 E. Lewis St.

Square dancing — Whizzers, 7:30 p.m., Sears Pavilion, Swinging Squares, 6 p.m., Kings-High Kick Hall.

Motorcycle riding course — YWCA, sponsor; two-session preparation for future licensing exam, 9 a.m.-noon today and June 27, YWCA Villa, 2000 N. Wells St.; \$15 members, \$16.25 non-members; 424-4908.

Dog obedience class — YWCA, sponsor; "Stay Fido," 10-11 a.m. Saturdays today through July 25; \$14, 424-4908.

Vets in Action — Potluck picnic, 2 p.m., Shoaff Park; free.

Lamaze childbirth class — Two-session course, 10 a.m.-noon today and June 27, health education center, Lutheran Hospital; small fee; 458-2390 weekdays to register.

Single Catholic Adult Club — House party and square dance, 7:30 p.m., Kathy Barlow's home, 6731 Mohican Trail; carpool, 7 p.m. from Lincoln Park in Northcrest; \$3, 693-3887.

Notebook, which appears each Sunday, focuses on events in Fort Wayne and surrounding region. Events must be open to the public and of general interest. Because of the large number of items eligible for Notebook, we must be selective. Send notices (no phone calls please) to Notebook, The Journal-Gazette, 600 W. Main St., Fort Wayne, Ind. 46802. Information must be received by noon the Wednesday before Sunday publication.

Breast-feeding course — Two-session course, 7-9 p.m. and June 25, health education center, Moelinger 4, Lutheran Hospital; Marilyn Curt, R.N., 458-2390 between 8 a.m. and 4:30 p.m.

Allen County Association for the Retarded Inc. — Roger Warrum, speaker; 7 p.m., 2542 Thompson Ave.

Hamilton Association for Neighborhood Development — Meeting, 7:30 p.m., basement of Trinity Lutheran Church, St. Mary's and Huffman. Traffic Sgt. Martin Bender of Fort Wayne Police Department, speaker.

Square dancing — B and B Guest Callers, 7:30 p.m., Wallen Pines.

## Friday

Senior Citizen Center — Slides, 10:30 a.m.; book review, 10:30 a.m.; games, 1:15 p.m.; Prime

of Life Players, 1:30 p.m.; 233 W. Main St.

American Association of Retired Persons — Picnic, noon, War Memorial Museum, 2122 O'Day Road.

West Central Seniors — Trip to Bear Creek Farm, 10 a.m.; \$2.30 plus donation; 1210 Broadway.

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## Saturday

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Dog obedience class — YWCA, sponsor; "Stay Fido," 10-11 a.m. Saturdays today through July 25; \$14, 424-4908.

Vets in Action — Potluck picnic, 2 p.m., Shoaff Park; free.

Lamaze childbirth class — Two-session course, 10 a.m.-noon today and June 27, health education center, Lutheran Hospital; small fee; 458-2390 weekdays to register.

Single Catholic Adult Club — House party and square dance, 7:30 p.m., Kathy Barlow's home, 6731 Mohican Trail; carpool, 7 p.m. from Lincoln Park in Northcrest; \$3, 693-3887.

Notebook, which appears each Sunday, focuses on events in Fort Wayne and surrounding region. Events must be open to the public and of general interest. Because of the large number of items eligible for Notebook, we must be selective. Send notices (no phone calls please) to Notebook, The Journal-Gazette, 600 W. Main St., Fort Wayne, Ind. 46802. Information must be received by noon the Wednesday before Sunday publication.

Breast-feeding course — Two-session course, 7-9 p.m. and June 25, health education center, Moelinger 4, Lutheran Hospital; Marilyn Curt, R.N., 458-2390 between 8 a.m. and 4:30 p.m.

Allen County Association for the Retarded Inc. — Roger Warrum, speaker; 7 p.m., 2542 Thompson Ave.

Hamilton Association for Neighborhood Development — Meeting, 7:30 p.m., basement of Trinity Lutheran Church, St. Mary's and Huffman. Traffic Sgt. Martin Bender of Fort Wayne Police Department, speaker.

Square dancing — B and B Guest Callers, 7:30 p.m., Wallen Pines.

Senior Citizen Center — Slides, 10:30 a.m.; book review, 10:30 a.m.; games, 1:15 p.m.; Prime

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## Horoscope

By CARROLL RICHTER

**ARIES** (March 21 to April 19) A good time to study ways to become more successful. Take time for recreation.

**TAURUS** (April 20 to May 20) Get in touch with wise persons and discuss mutual interests. Make constructive plans for the new week. Be logical.

**GEMINI** (May 21 to June 21) Your intuitive perceptions are working accurately now, so follow them and you can solve many problems.

**MOON CHILDREN** (June 22 to July 21) A good day to talk over mutual affairs with family members. Don't neglect philosophical studies.

**LEO** (July 22 to Aug. 21) Show a sincere and loyal friend the depth of your appreciation. Take time to improve your health. Relax tonight.

**VIRGO** (Aug. 22 to Sept. 22) Taking part in recreational activities now can help keep you in a better frame of mind. Make sure you budget your money wisely.

**LIBRA** (Sept. 23 to Oct. 22) Concentrating on home affairs can make this a most productive day. Make plans to improve your surroundings. Relax tonight.

**SCORPIO** (Oct. 23 to Nov. 21) Attend services and think about idealistic concepts. Later engage in favorite hobby with congenials.

**SAGITTARIUS** (Nov. 22 to Dec. 21) Plan how to have more income in the future. Use good judgment were budgeting is concerned. Be more practical.

**CAPRICORN** (Dec. 22 to Jan. 20) Concentrate on how to have more abundance in the future. Avoid persons who like to waste your valuable time.

**AQUARIUS** (Jan. 21 to Feb. 19) Make concrete plans that could give you more security and happiness in the future. Show more devotion to loved one.

**PISCES** (Feb. 20 to March 20) Be more active in

social activities and get more out of life. Accept invitations instead of turning them down.

**IF YOUR CHILD IS BORN TODAY** ... he or she will be one who will quickly comprehend anything of a modern nature, so be sure to give as fine an education as possible. Give religious and ethical training early in life and success is assured.

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## Bridge

By ALFRED

STEINWOLD

When you were a beginner, you learned to count points for your high cards: 4 for each ace, 3 for each king, 2 for each queen and 1 for each jack. Your bids showed your points, and your partner showed his points in the same way. After a few bids, each of you knew the combined count.

The 4-3-2-1 count, invented by Bryant McCampbell in 1915, was promptly adopted by Milton C. Work and became known as the Work Count. Modified for contract bridge by Fred Karpin 30 years later, it was widely ignored until publicized by Charles H. Goren in 1949, when it became known as the Goren Count.

Since you are now a good player, you count points even after the bidding ends. You may base your play or your defense on the points that other players have shown during the bidding, but showing points by the nature of your bid can also be harmful. Your opponents may use the information that you hoped would help your partner.

These principles are illustrated today with a rather difficult hand, taken from the Global Par Contest of 1963. The play required of both sides is the kind that no human being is likely to make at the table unless told in advance that he or she is playing a problem hand.

East takes the queen of diamonds, continues with the ace and then leads a low diamond. If you are West, what do you lead after ruffing the third diamond with the six of spades?

East's opening bid promises 16 to 18 high-card points. You know that East doesn't have the jack of diamonds because he would have won the first trick with the jack if he could have done so. Therefore East has only 6 points in diamonds, at most 4 points in clubs and at most 3 points in hearts. Since East can have only 13 points at most outside of spades he must have at least 3 points in spades for his opening bid.

If you credit South with a good six-card suit for his determined spade bidding, you should come to the conclusion that East has K-x of spades. Naturally this information suggests a brilliant defense. If you haven't thought of it, sit back and think.

If you ruff with the six of spades declarer will get to dummy to take a spade finesse and will then lead the ace of spades. The king drops, and South draws the last

trump and claims the rest.

What happens if you ruff with the deuce of spades?

Declarer overruffs with dummy's four but now cannot finesse through the king of spades. East gets in with the king of spades in time to lead his last diamond, and your ruff is the setting trick.

While you're getting ready to take a bow for your brilliant ruff with the deuce of spades you might notice that declarer hasn't yet played to that trick. What can he be thinking about?

South sees 24 points in

the dummy and is own

hand. Only 16 points are missing, and East must have all of them for his opening bid of one no-trump. South can foresee exactly what can happen if he overruffs with dummy's four of spades. Therefore he refuses to overruff!

No matter what West returns, declarer can get to dummy to lead the four of spades for a finesse. He continues with the ace of spades, draws the last trump and claims the rest of the tricks. Thereupon South takes the bow and gets all the kisses from the admiring throng.

East dealer

Both sides vulnerable

NORTH

♦ 4

♥ A K 9 7 3

♠ K 5

♣ A Q 9 5 4

WEST

♦ 9 8 6 2

♥ 10 5 4

♠ 7 3

♣ 10 8 6 2

EAST

♦ K 7

♥ Q J 6 2

♠ A Q 5 2

♣ K J 3

SOUTH

♦ A Q J 10 5 3

♥ 8

♠ J 10 9 8 4

♣ 4 7

East South West North

1 NT 2 ♦ Pass 3 ♠ 3 NT

Pass 4 ♦ All Pass

Opening lead — ♦ 7

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## JOIN US FOR OUR TEA PARTIES

Every Wednesday morning in June at 9:30 A.M. we will once again have our Tea Party. For only \$1.00 you will receive a Continental Breakfast and a "T" Top Coat. Each week a new and different summer top will be taught. Come and join us for a summer of fun. Tickets may be purchased ahead of the day of the class.

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For the person who knows how to sew but would like to be able to do it faster and easier. Classes run for eight consecutive weeks.

Thurs. .... July 2 ..... 6:30 pm  
Mon. .... July 7 ..... 9:00 am  
Tues. .... July 20 ..... 6:30 pm

## CLASSIC WARDROBE

(4 sessions) ....\$20.00

Make the Spice weekender suit that every wardrobe needs. Zipper pants, skirt and vest, blouse, and blazer.

Wednesday July 8 6:30 P.M.

## TEEN CLASS

(4 sessions) ....\$15.00

In 4 short weeks you can build a wardrobe to carry you through any activity. Learn two different tops, camisoles, shorts, and rompers. (Girls must have some sewing background).

Monday .... June 22 ..... 1:00 P.M.

## DESIGNER JEANS

(1 session) ....\$4.00

Why pay designer jean prices when you can create your own custom jeans? Now you can have designer jeans that fit you pocketbook as well as your body.

Saturday .... June 27 ..... 9:30 A.M.  
Monday .... July 13 ..... 6:30 P.M.

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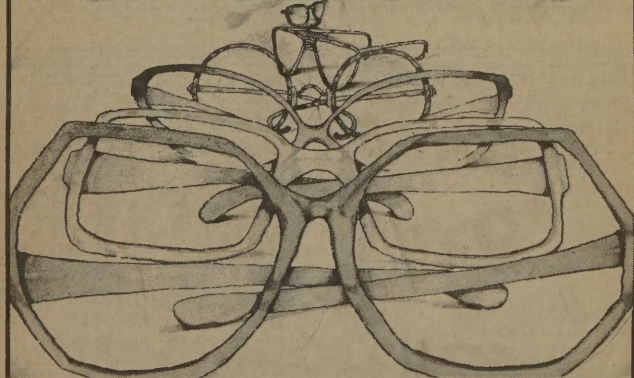
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